BELS Advisory Team for Autistic Children and Young People

BACPAC: Barnet Autism Course for Parents And Carers. An Online Parent/Carer Training Course

A comprehensive training and support programme for parents/carers of children **aged 7-19,** with a **diagnosis of Autism.**

This course is available free of charge to **families living in Barnet.**

A 6-session online training course, covering topics including:

- An overview of what it means for your child to be Autistic.
- Communication.
- Sensory needs.
- Understanding emotional regulation/'behaviour'.

This course also gives parents/carers an opportunity to learn together and share experiences online.

Please do not sign up if you have already attended this course, or the Cygnets Course.

BACPAC: Barnet Autism Course for Parents and Carers.
Autumn Term 2026 Two, A 6-session evening course.

Dates and times:
Tuesday 3rd November 5.45-7.15pm
Tuesday 10th November 5.45-7.15pm
Tuesday 17th November 5.45-7.15pm
Tuesday 24th November 5.45-7.15pm
Tuesday 1st December 5.45-7.15pm
Tuesday 8th December 5.45-7.15pm
To sign-up: **BACPAC: Barnet Autism Course for Parents And Carers, Nov. & Dec. 2026. Sign-up form. – Fill in form**

For any enquires please email Autism.Team@barnet.gov.uk with 'BACPAC course' as the subject, thanks.