

Barnet Children's Integrated Therapy Universal Training Menu – Spring 2024

We are pleased to share with you the universal training menu for Spring 2024. The training sessions are FREE and will be delivered virtually using Microsoft Teams by the Barnet Children's Integrated Therapy service. Our universal training may be accessed by anyone supporting a child or young person who lives or has a GP in Barnet. To register for any of these courses please click on the Eventbrite hyperlink beside the course you wish to attend. This will direct you to the Eventbrite page for that course where you will enter your name and email address - make sure you spell your email address correctly or you will not receive the link to join. Registration for each course will close 3 hours before the time of the session to allow us to send the link to all participants in good time. If you have any questions about a particular course please email whh-tr.barnetcit@nhs.net and someone will get back to you.

	Supporting the development of young children's	
08/01/2024	language	
13:30-14:30	Aims:	To Book:
Early Years staff and parents	Training session is aimed at nursery staff and parents/carers of young children. The aims of the session are: To understand how those in the child's daily environment can support their language development and think about daily opportunities for this To learn about ways you can play with your child and adjust your communication so that your child will understand more and learn new words Decide which changes you will try	https://www.eventbrit e.co.uk/e/supporting- the-development-of- young-childrens- language-tickets- 749770693327

09/01/2024	Introduction to Core Boards	
14:00-15:00	Aims:	To Book:
Parents and school staff	In this training we will be introducing the ideas behind core boards and how to use a core vocabulary approach in AAC. We'll also share some ideas for implementation.	https://www.eventbrit e.co.uk/e/introduction -to-core-boards- tickets-749792388217

10/01/2024

Social skills part 2 (Secondary / College)

Developing assertiveness and managing a disagreement

15:00-16:00

Secondary and College staff and

parents

Aims:

A follow-up session with a focus on supporting positive adolescent interactions for teaching and support staff which draws on the evidence-

base for teaching assertiveness and provides practical support to:

- develop assertiveness to say no

- say sorry,

Aims:

- recognise differences between fact and opinion
- manage arguments

To Book:

https://www.eventbrit e.co.uk/e/social-skillspart-2-secondary-

college-tickets-753102900047

11/01/2024

Food refusal, food avoidance and fussy eating

10:00-11:30

Parents and school staff

This training session is aimed at school staff and parents. It is aimed at supporting children who have difficulties related to fussy, avoidant or

restrictive eating. The training will cover the following:

Understanding your child's feeding behaviour

Seating / positioning

Different methods of feeding

Different equipment

How Sensory Processing difficulties impact on eating and drinking

Environmental factors Messy play and food play To Book:

https://www.eventbrit e.co.uk/e/food-refusalfood-avoidance-andfussy-eating-tickets-749864223077

15/01/2024 13:30-14:30

school staff

Parents and

This training is aimed at primary school staff. The aims of this session are: To go through different receptive language targets and to model how you

can work on these with the children you are supporting

To discuss activities you can use within your setting to work on these

To support with any receptive language targets you have been provided

Supporting receptive language targets in primary school

with, to work on with children

To Book:

https://www.eventbrit e.co.uk/e/supportingreceptive-languagetargets-in-primaryschool-tickets-753748701657

Supporting Sensory Regulation 15/01/2024

15:00-16:00

Early Years and What are our Senses? KS1 Parents and What is Regulation?

school staff Why is sensory regulation important?

Strategies to manage and support Sensory Regulation difficulties

To Book:

https://www.eventbrit e.co.uk/e/supportingsensory-regulationtickets-754508825207

Key word signing 18/01/2024

10:30-11:30

Parents and

To understand the importance of non-verbal communication. To learn a range of hand signs to use with children in the classroom context.

To understand how to use key word signing to support children's understanding of language.

To Book:

https://www.eventbrit e.co.uk/e/key-wordsigning-tickets-749782197737

18/01/2024

school staff

15:00-16:30

School staff all stages (also suitable for parents)

Supporting schools with the sensory environment

This training will offer teachers strategies to assist students who are currently struggling with sensory difficulties within the school setting. This training further offers teacher with insight into some of the most common and uncommon triggers learners with sensory difficulties might face.

To Book:

https://www.eventbrit e.co.uk/e/supportingschools-with-thesensory-environmenttickets-759638117057

22/01/2024

Toolkit training

13:30-14:30

Parents and school staff

This training is aimed at primary school staff. The aims of the session are: to support school staff with their knowledge of the toolkit

to understand the different areas of language and communication and

how the toolkit sections fit with that

to think about targets and different ways to support your child to achieve

them

to learn how the toolkit manual can be used to support your children

To Book:

https://www.eventbrit e.co.uk/e/toolkittraining-tickets-754516478097

22/01/2024

Bucket time attention intervention

15:30-16:30 Aims:

Parents and school staff

Training objectives:

This training is for staff (or parents) who would like to understand how attention in children develops and provides the principles of how to run attention -based groups. We will touch on some intervention ideas and will provide signposting to useful resources and related training.

To Book:

https://www.eventbrit e.co.uk/e/bucket-timeattention-interventiontickets-754547460767

23/01/2024

Multisensory story telling

15:30-16:30

15:30-16:30

Parents and school staff

Aims:

This training is aimed at parents, carers, early years, primary and complex needs.

We'll be looking at how and why sensory storytelling can support a child or young person's communication skills.

We will be sharing strategies to make storytelling engaging and motivating, so that it can become part of a daily routine. Finally, we will look at personal storytelling, why this is important and how you can support a child/YP with this.

To Book:

https://www.eventbrit e.co.uk/e/multisensory -story-telling-tickets-754580519647

23/01/2024

15:30-16:45

Parents and school staff

Supporting pupils who stammer in early years and primary

Aimed at education staff but also suitable for parents.

This session describes the impact stammering (stuttering) can have on pupils in education settings. Practical ideas are shared for helping pupils feel confident about their communication abilities, whether they speak fluently or with stammering. Strategies for coping with the demands of typical speaking situations will also be discussed. There will be opportunities for participants to ask questions.

To Book:

https://www.eventbrit e.co.uk/e/supportingpupils-who-stammerin-early-years-andprimary-tickets-763419667777

24/01/2024

12:30-13:30

Parents and school staff

Advanced Core Boards: Moving on

Aims:

Aims:

This training session is aimed at staff and parent/ carers working with children and young people using core boards and wanting to explore the next steps and development of this. Attendees should have attended the Introductory Core Boards session or have a basic knowledge of using core boards.

The focus will be on:

Consolidation of understanding and use of core boards/ communication supports.

Explore ideas for expanding core into Aided Language displays, communication books and robust communication systems.

Reminders how core vocabulary should be used as part of a total communication approach

Tips on progressing language and communication for children who are using core boards/etc

To Book:

https://www.eventbrit e.co.uk/e/advancedcore-boards-movingon-tickets-749846931357

25/01/2024

15:30-16:30

Parents and school staff

Understanding questions - Blank's levels of questioning

Blank Levels The Blank model separates questions and directions into four levels. They show how understanding of abstract language develops for children. Why use Blank Levels? To help adults change their language so that the child understands what they are being asked; To encourage the development of verbal reasoning skills (e.g. 'what do you draw with?', 'what might happen next?');To help set appropriate language targets

To Book:

https://www.eventbrit e.co.uk/e/understandi ng-questions-blankslevels-of-questioningtickets-763826163617

29/01/2024

14:00-15:00

Early years parents and nursery staff

Childhood Development 0-5

Whittington Health Barnet CIT

This is a training to help parents and nursery staff understand normal physical and functional development of a child between the ages of 0-5. This will be run by Occupational and Physiotherapy staff working for

To Book:

https://www.eventbrit e.co.uk/e/childhooddevelopment-0-5tickets-763847036047

30/01/2024

10:00-11:00

Parents and KS2 school staff

Supporting your child's (6-12-year-olds) self-care skills with motor skill challenges

Aims:

We will be discussing how motor skill challenges can impact on the child's participation in self-care activities such as dressing, toileting, feeding themselves, etc. and look at strategies on how to meet your child's needs to help them better engage in their self-care skills.how to meet your child's needs to help them better engage in their self-care skills.

To Book:

https://www.eventbrit e.co.uk/e/supportingyour-childs612yearself-care-skills-withmotor-skill-tickets-763996011637

30/01/2024

school

15:00-16:00

Parents and school staff

Aims:

This training is aimed at primary school staff. The aims of this session are: To go through different expressive language targets and to model how you can work on these with the children you are supporting

To discuss activities you can use within your setting to work on these

Supporting expressive language targets in primary

taraets

To support with any expressive language targets you have been provided with, to work on with children

To Book:

https://www.eventbrit e.co.uk/e/supportingexpressive-languagetargets-in-primaryschool-tickets-749784955987

Supporting schools with the sensory environment part 2: **Q&A** session

15:30-16:30

School staff all stages (also suitable for parents)

Aims:

This session is specially aimed at providing schools with time to ask an Occupational Therapist specific question's relating to the sensory environment. It is recommended that schools attend the first session

To Book:

https://www.eventbrit e.co.uk/e/supportingschools-with-thesensory-environmentpart-2-ga-sessiontickets-765180043107

06/02/2024

15:00-16:00

Parents and school staff

Introduction to Using Zones of Regulation

The zones of regulation is an approach used to teach self-regulation to Children and Young people with learning difficulties by categorising emotions and states into four coloured zones. This training will look at:

The detail of the Zones of Regulation,

How to teach a child or young person to use it

Examples of this approach in practise.

To Book:

https://www.eventbrit e.co.uk/e/introduction -to-using-zones-ofregulation-tickets-759569862907

Supporting speech difficulties in early years and primary:

06/02/2024

Part 1 of 2 15:30-16:30

School staff (also

suitable for parents)

Aims:

Aimed at education staff but also suitable for parents. This session is the first of two separate training sessions. Part 1 provides

guidance about typical speech development, and when to refer to an SLT. Practical ideas are shared about adapting the environment to support children whose speech is difficult to understand. There be opportunities

for participants to ask questions.

To Book:

https://www.eventbrit e.co.uk/e/supportingspeech-difficulties-inearly-years-andprimary-part-1-of-2tickets-763834659027

07/02/2024

Supporting deaf children in nursery

13:30-14:30

Early Years staff and parents

Understanding the impact of hearing needs in young children

Considering the environment Practical strategies for EYFS staff Language and listening groups

To Book:

https://www.eventbrit e.co.uk/e/supportingdeaf-children-innursery-tickets-749341028187

07/02/2024 14:30-15:30

Sensory Based Functional Needs

Parents, school staff and

professionals

Aims:

To look at what are you and your child are struggling with on an everyday basis.

Why?

How sensory processing difficulties can present Differentiating between sensory and behaviour

General strategies on how to try and manage difficulties with sensations

To Book:

https://www.eventbrit e.co.uk/e/sensorybased-functionalneeds-tickets-759649180147

Comprehension Part 2 (Secondary / College)

15:00-16:00

Secondary and College staff and

parents

A follow-up session with a focus on supporting positive adolescent

interactions for teaching and support staff which draws on the evidencebase for teaching assertiveness and provides practical support to

develop assertiveness to say no

say sorry,

recognise differences between fact and opinion

Manage arguments

To Book:

https://www.eventbrit e.co.uk/e/comprehensi on-part-2-secondary-

<u>college-tickets-</u> 754586126417

07/02/2024

15:30-16:30 Aims:

Parents and school staff

Targets and strategies to support social communication skills in primary school

This training session is aimed at primary school staff and will focus on the following learning objectives:

To provide practical support to identify needs and set targets for children with social communication difficulties.

To provide strategies to facilitate successful social communication in the classroom.

To Book:

https://www.eventbrit e.co.uk/e/targets-andstrategies-to-supportsocial-communicationskills-in-primary-sctickets-753111545907

08/02/2023

10:00-11:00 Aims:

Parents, EY and KS1 school staff

Supporting hand function for EY and KS1

This will include information for parents and education staff about the development of pre-writing forms, supporting the development of a

functional pencil grip and activities to get your child ready to use scissors.

Play ideas will be included to promote hand strength/ grasp patterns and

the use of two hands together.

To Book:

https://www.eventbrit e.co.uk/e/supportinghand-function-for-eyand-ks1-tickets-763850696997

08/02/2024

Let's talk narratives

15:30-16:30 A

Parents and school staff

Aims:

To support the development of effective narrative skills – the ability to understand and tell stories and describe events. This training includes an

introduction to colourful semantics.

To Book:

https://www.eventbrit e.co.uk/e/lets-talknarratives-tickets-753121756447

Using Colourful Semantics to support functional communication

09:00-10:00

Parents and school staff

Aims:

Using Colourful Semantics to support functional communication

To Book:

https://www.eventbrit e.co.uk/e/usingcolourful-semantics-tosupport-functionalcommunicationtickets-753076340607

20/02/2024

Developing vocabulary

09:00-10:00

Parents and school staff

Aims:

This training is aimed at primary/secondary school staff. The aims of the session are:

 $to\ raise\ awareness\ of\ the\ importance\ of\ vocabulary\ development$

How to select new vocabuary words for your child

To learn different methods and strategies to support vocabulary development

To Book:

https://www.eventbrit e.co.uk/e/developingvocabulary-tickets-753754629387

20/02/2024

Setting up language groups in school

10:00-11:00

Parents and school staff

Aims:

Training session is aimed at primary school staff. The aims of the session

are:

Support in identifying targets for the group How to set up and run the groups Tips for supporting strategies

How to evaluate progress

To Book:

https://www.eventbrit e.co.uk/e/setting-uplanguage-groups-inschool-tickets-753745070797

20/02/2024

Supporting speech difficulties in early years and primary: Part 2 of 2

15:30-16:30

Parents and school staff

Aims:

Aimed at education staff but also suitable for parents.

This session builds on the information from the Part 1 training session. It covers practical tips for helping children change their speech patterns and sharing strategies between home and school. There be opportunities for

participants to ask questions.

To Book:

https://www.eventbrit e.co.uk/e/supportingspeech-difficulties-inearly-years-andprimary-part-2-of-2tickets-763837938837

13:30-14:30

Parents, school staff and professionals

Emerging Communicators - supporting pre-intentional and early intentional communication

Aims:

This training is aimed at parents, carers and teaching staff in early years and specialist settings who are supporting children with pre-intentional or emerging intentional communication skills

Aims:

To gain an understanding of how early communication develops To consider communication in the context of neurodevelopmental/additional complex needs Shaping behaviour into meaning Ideas and activities to support emerging communication

Supporting pupils who stammer in early years and

To Book:

https://www.eventbrit e.co.uk/e/supportingpre-intentional-andearly-intentionalcommunicationtickets-759607415227

27/02/2024

primary 11:00-12:15

Parents and school staff

Aims:

Aimed at education staff but also suitable for parents.

This session describes the impact stammering (stuttering) can have on pupils in education settings. Practical ideas are shared for helping pupils feel confident about their communication abilities, whether they speak fluently or with stammering. Strategies for coping with the demands of typical speaking situations will also be discussed. There will be opportunities for participants to ask questions.

To Book:

https://www.eventbrit e.co.uk/e/supportingpupils-who-stammerin-early-years-andprimary-tickets-763439186157

27/02/2024

15:00 - 16:00

Parents and EY staff

Self-care in the early years

We will be discussing how motor skill challenges can impact on child's participation in self-care activities such as dressing, toileting, feeding themselves, etc. and look at strategies on how to meet your child's needs to help them better engage in their self-care skills.

To Book:

https://www.eventbrit e.co.uk/e/self-care-inthe-early-years-tickets-763852442217

28/02/2024

Supporting High Tech AAC users

15:30-16:30

Parents and school staff

Aims:

This training session is aimed primarily at staff e.g. Teaching Assistants and Teachers and parents/ carers of children and young people with High-Tech AAC devices. The aims of the session are:

To understand what high-tech AAC means and how this is different to low tech.

To understand how and when an AAC device should be used. To identify things, you can do to support interactions with AAC users. To identify different skill areas needed for AAC device use e.g. vocabulary available, conversational skills, carrying device, and how they access the device e.g. touch, eye gaze etc.

To Book:

https://www.eventbrit e.co.uk/e/supportinghigh-tech-aac-userstickets-759596783427

Eating skills and food texture

10:00-11:00

Parents, school staff and

professionals

Aims:

This is a training session on understanding the skills needed to safely eat

certain textures and how to promote those skills

To Book:

https://www.eventbrit e.co.uk/e/eating-skillsand-food-texturetickets-759600975967

29/02/2024

Working with deaf teenagers

10:00-11:00

Secondary and College staff and parents

Aims:

Working with deaf teenagers (Secondary and College staff and parents)

To Book:

https://www.eventbrit e.co.uk/e/workingwith-deaf-teenagerstickets-759612570647

29/02/2024

Developing the foundations of interaction

15:30-16:30 *Aims:*

Parents and school staff

Learning Aims:

Develop an understanding of the Fundamentals of Communication.

Learn strategies that can be used to develop these skills using an Intensive

Interaction therapy technique.

Gain confidence in working with minimally verbal children with ASD/Social

Communication Difficulties.

To Book:

https://www.eventbrit e.co.uk/e/fundamental s-of-communicationtickets-753728792107

01/03/2024

10:00-11:00 Ain

Parents, school staff and professionals

Nime:

To look at what are you and your child are struggling with on an everyday

basis.

Why?

How sensory processing difficulties can present Differentiating between sensory and behaviour

Sensory Based Functional Needs

General strategies on how to try and manage difficulties with sensations

To Book:

https://www.eventbrit e.co.uk/e/sensorybased-functionalneeds-tickets-759654596347

05/03/2024

Supporting speech difficulties in early years and primary (for parents)

11:00-12:15

Parents (also

suitable for school staff)

Aims:

Aimed at parents but also suitable for education staff.

This session covers practical tips for helping children change their speech patterns and sharing strategies between home and school. There be

opportunities for participants to ask questions.

To Book:

https://www.eventbrit e.co.uk/e/supportingspeech-difficulties-inearly-years-andprimary-for-parentstickets-763827447457 06/03/2024

Vocabulary Part 2 (Secondary / College)

15:00-16:00 Secondary and

College staff and parents

This second vocabulary-for-adolescents session is to enable teachers and others working with YP to see the funny side of developing vocabulary skill. The session covers some theory underlying humour development,

how it is related to the development of lexical skills and some practical strategies to enhance vocabulary development in adolescents.

To Book:

https://www.eventbrit e.co.uk/e/vocabularypart-2-secondarycollege-tickets-759587636067

07/03/2024

Tool use for KS1 and KS2

10:00-11:00 Parents and

primary school staff

Aims: This will include information about Pencil grip development, Scissor skills

and Knife and fork use

To Book:

https://www.eventbrit e.co.uk/e/tool-use-forks1-and-ks2-tickets-759765026647

13/03/2024

Supporting your child's (0-5 year old) self-care skills with sensory processing difficulties

10:00-11:00

Early years parents and nursery staff Aims:

We will be discussing how sensory processing difficulties can impact on your child's participation in bathing, dressing, toileting, feeding themselves, etc. and strategies on how to adapt the environment to meet your child's sensory needs to help them better engage in their self-care

skills.

To Book:

https://www.eventbrit e.co.uk/e/supportingchilds-0-5year-selfcare-skills-withsensory-processingdiffi-tickets-759657495017

13/03/2024

All about play

15:30-16:30

Early Years staff and parents

To gain an understanding of the stages of play development To think about using play to support social communication, language

development, sensory needs and fine motor skills. How to develop children's play through modelling and appropriate toy

selection.

To share ideas for fun activities to try at home.

To Book:

https://www.eventbrit e.co.uk/e/all-aboutplay-tickets-749851264317

14/03/2024

Food refusal, food avoidance and fussy eating

15:30-17:00

Parents and school staff

This training session is aimed at school staff and parents. It is aimed at

supporting children who have difficulties related to fussy, avoidant or restrictive eating. The training will cover the following:

Understanding your child's feeding behaviour

Seating / positioning

Different methods of feeding

Different equipment

How Sensory Processing difficulties impact on eating and drinking

Environmental factors Messy play and food play To Book:

https://www.eventbrit e.co.uk/e/food-refusalfood-avoidance-andfussy-eating-tickets-753115146677

18/03/2023

Bucket Time Attention Intervention

09:30-10:30

Aims:

Parents and

Training objectives:

school staff

This training is for staff (or parents) who would like to understand how attention in children develops and provides the principles of how to run attention -based groups. We will touch on some intervention ideas and will provide signposting to useful resources and related training.

To Book:

https://www.eventbrit e.co.uk/e/bucket-timeattention-interventiontickets-770246878147

20/03/2024

Social skills part 3 (Secondary / College)

15:00-16:00

Aims:

Secondary and College staff and What do teenagers want?

Aims:

parents

A follow-up session with a focus on supporting positive adolescent

interactions for teaching and support staff which draws on the evidencebase for teaching assertiveness and provides practical support to:

- develop assertiveness to say no

- say sorry,

- recognise differences between fact and opinion

- manage arguments

To Book:

https://www.eventbrit e.co.uk/e/social-skillspart-3-secondarycollege-tickets-763843786327

21/03/2023

Social communication development in the early years how can we help?

15:30-16:30

Aims:

Early Years staff and parents

Have an overview of communication development. Have a better understanding of the 'terminology'.

Think about different strategies and therapy approaches you can use in

the classroom.

To Book:

https://www.eventbrit e.co.uk/e/socialcommunicationdevelopment-in-theearly-years-how-canwe-help-tickets-754522957477